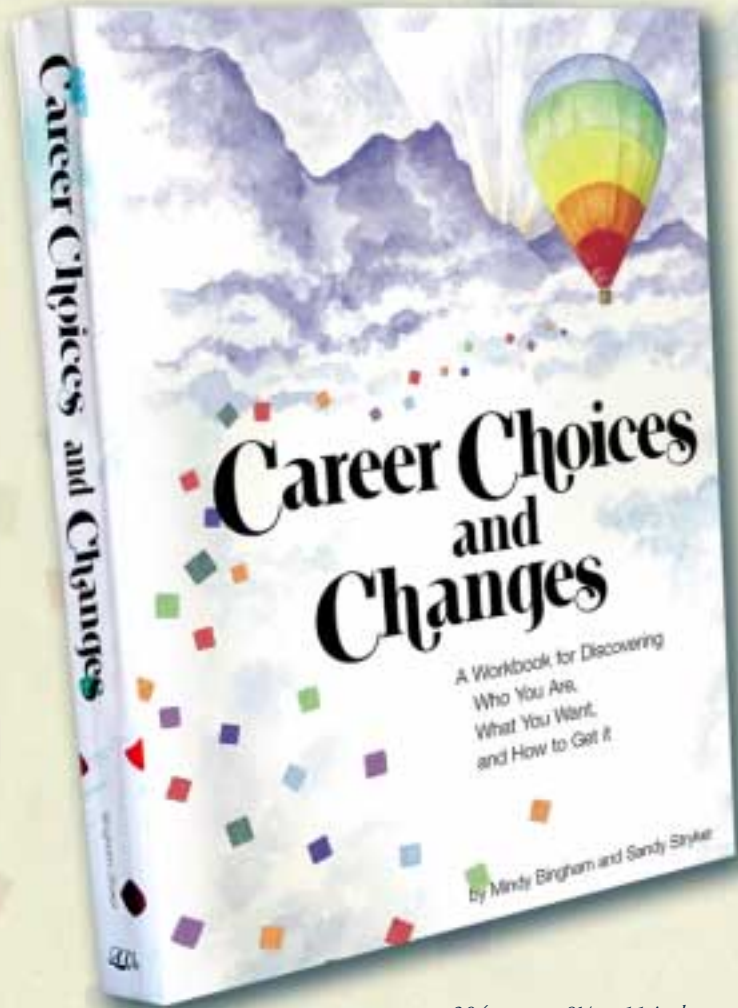


It's like having a career counselor in a package!
It gently guides the reader through the process of making some of life's most important decisions.

Pat Schwallie-Giddis, Ph.D.
Program Director, Counseling/Human and Organizational Studies, George Washington University
Board Member, National Career Development Association



304 pages – 8½ x 11 inches
Softcover, Smythe Sewn
ISBN: 1-878787-16-0
Retail: \$29.95

Laid out to resemble an attractive journal, *Career Choices and Changes* is actually a carefully designed, self-paced program that readers will find logical and easy to follow. It is inspiring and, at the same time, realistic. Filled with engaging anecdotes, it also contains many insightful questionnaires, self-evaluation quizzes and exercises that empower individuals to think seriously about their aptitudes and inclinations. Never preachy, *Career Choices and Changes* employs gentle humor as it helps readers determine the most suitable course for their own future happiness.

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Career Choices and Changes is unique because:

- It provides a step-by-step workbook/journal format to help readers discover for themselves the careers that will match their passions, lifestyle aspirations, skills and aptitudes.
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- *Career Choices and Changes* introduces “a process” for career and lifestyle decision-making that can be used over and over again, thereby empowering the reader to productively navigate through a lifetime of workplace and personal change.

This is a sane approach to an emotional issue. You've made a daunting and intimidating decision into a non-threatening—and, yes—even fun adventure.

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Executive Producer, Panther Productions, Inc.

The workbook is well conceived and organized...punctuated with beautiful artwork and pertinent examples. Bingham lovingly and methodically presents the multi-faceted career decision-making process as an integral part of one's whole life.

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As a college counselor I am frequently asked for credible career counseling resources. I love the diversity of your activities and creative ways you guide the reader into looking at the variety of issues that impact career choice.

Stina Hans, MS Guidance and Counseling
Reader, UCLA Undergraduate Admissions
Adjunct Professor, Santa Barbara City College

The book is so readable...it sweeps the reader up and maintains a fast pace to the last page. As a senior management consultant, the book worked for me by reminding me to think about my values, hopes and dreams even as I turn the corner yet again.

Lois Phillips, Ph.D.
Speaker, Executive Management Consultant
Co-author, *Women Seen and Heard*

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